

# Optional Blood Tests

## (A) Tumor Marker Blood Test

NO	Tumor Marker Test Sets	Related Body Organs	Price
1	• Tumor Marker set 1 (CYFRA · AFP · CA19-9 · CEA)	Colon, Stomach, Liver, Pancreas, Biliary Tract, Lung	¥5,610
2	• Tumor Marker set 2 (for Female) (CEA · CA125 · CA15-3)	Colon, Stomach, Uterus, Ovary, Breast	¥4,400
3	• Tumor Marker set 3 (for Female) (CYFRA · AFP · CA19-9 · CEA · CA125)	Colon, Stomach, Liver, Pancreas, Biliary Tract, Lung, Uterus, Ovary	¥7,480
4	• Tumor Marker set 4 (for Female) (CYFRA · AFP · CA19-9 · CEA · CA125 · CA15-3)	Colon, Stomach, Liver, Pancreas, Biliary Tract, Lung, Uterus, Ovary, Breast	¥8,910
5	• Tumor Marker set 5 (for Male) (CYFRA · AFP · CA19-9 · CEA · PSA)	Colon, Stomach, Liver, Pancreas, Biliary Tract, Lung, Prostate	¥7,260
6	• Tumor Marker set 6 (for Male) (PSA)	Prostate	¥2,530
7	• Tumor Marker set 7 (Anti-p53 antibody)	Colon, Esophagus, Breast	¥2,860

Items of tumor marker	Details of the test
CEA (carcinoembryonic antigen)	screen for colon, stomach, pancreas, lung cancer, heavy smoker and others
CA19—9 (carbohydrate antigen 19—9)	screen for pancreatic, gallbladder, bile duct cancer and others
AFP (alpha—fetoprotein)	screen for hepatitis, liver cirrhosis, liver cancer and others
CYFRA 21—1	screen for lung cancer and others
CA125 (for Female) (cancer antigen 125)	screen for uterine, ovarian cancer
CA15—3 (for female)(cancer antigen 15—3)	screen for early detection of breast cancer
PSA (for Male)(prostate—specific antigen)	screen for prostate cancer
Anti-p53 antibody	Early detection of esophageal, colorectal, breast cancer and others

- ※ Tumor marker examination is supportive evidence for further prevention of cancers.  
When the tumor marker test is positive, we recommend for further examinations.
- ※ However, not all tumor will show positive reactions due to stages and difference in organs.  
Feel free to ask any questions before taking optional tumor marker tests.
- ※ Tumor marker set 7 is recommended with other combination set 1 to 5.
- ※ The blood test will be performed during blood drawing during medical check-ups.  
Please inform us during medical check-up course reservation or when you registering yourself at the reception on the medical check-up day.

## (B) Blood Type test

NO	Test	Item	Details of the test	Price tax included
8	Blood type	Type of blood	To find out ABO or Rh type blood test	¥2,000

### (C) Heart Function Test

NO	Test	Item	Details of the test	Price tax included
9	Heart failure Heart function	NT-proBNP	Screen for heart function or if you have symptoms of heart failure example: palpitation, shortness of breath or others.	¥3,300

※ Kidney disease will cause the result to show high value.

### (D) Stomach, Duodenum Function Test

NO	Test	Item	Details of the test	Price tax included
10	Gastritis Gastric ulcer Duodenal ulcer (ABC Type)	Helicobacter pylori IgG antibody	Screen for bacterial infection of stomach cancer, gastric ulcer, duodenal ulcer	¥4,400
		Pepsinogen	Screen for Atrophic gastritis, Peptic ulcer, Stomach cancer and others.	

### (E) Hepatitis Test

NO	Test	Item	Details of the test	Price tax included
11	Hepatitis B & C	HBs antigen	Screen for virus of hepatitis B	¥4,400
		HCV antibody	Screen for virus of hepatitis C	

### (F) HIV Test

NO	Test	Item	Details of the test	Price tax included
12	H I V	HIV antigen/antibody	Screen for virus of HIV	¥2,200

### (G) Thyroid Function

NO	Test	Item	Details of the test	Price tax included
13	Thyroid	TSH (Thyroid stimulating hormone)	Screen for how much hormone in your blood, hyperthyroidism can cause the result in lower value.	¥4,510
		F-T4 (Thyroid hormone )	This is one of the thyroid hormones that actually determines thyroid function, and can be measured simultaneously with TSH to check thyroid function in more detail.	

### (H) Rheumatoid Disease

NO	Test	Item	Details of the test	Price tax included
14	Rheumatoid Arthritis	RF	Examine rheumatism and some of the collagen diseases.	¥4,510
		Anti-CCP antibody	This test is effective for early detection.	

### (I) Allergy Test

NO	Test	Item	Details of the test				Price
15	Allergy (39 types)	View 39	Dust	house dust, mite	Egg	egg white, ovomucoid	¥17,600
			Animal	dog, cat epithelium	Milk	milk	
			Insect	moth, cockroach	Cereals	wheat, soba, rice	
			Tree	cedar, cypress	Crustacean	crab, shrimp	
				shirakaba, alder	Beans	soy, peanuts	
			Plant	dactylis, timothy grass	Meat	chicken, beef, pork	
			Weed	ragweed, mugwort	Fish	tuna, mackerel, salmon	
			Fungus	susukabi, aspergillus	Fruits	kiwi, apple	
				candida, malassezia		banana	
			Work	latex	Other	sesame	
16	Allergy (6 types)	Inhalation Allergy 6	Cedar pollen Cypress pollen Canine animal epithelium (dog)		House dust Allergens of the mites Feline animal epithelium (cat)		¥7,810

**(J) For those concerned about Dementia** *by reservation only*

NO	Test	Item	Details of the test	Price tax included
17	Dementia (Alzheimer's)	MCI Screening	This test indirectly tests for the causative agent of Alzheimer's disease, which accounts for approximately 70% of all cases of dementia. The condition of the MCI stage, which is the preliminary stage of dementia, is ascertained and the risk of dementia is measured by a blood test. The test is intended for people aged 50 and over.	¥30,000
18	Dementia (Alzheimer's)	APOE gene	To determine the risk of predisposes dementia gene but it does not determine whether the disease will develop in the future. The test can be done once in a lifetime.	¥30,000

\* The purpose of the test is to make people aware of their risk of dementia so that they can prevent it.

\* Not all tests can confirm a diagnosis with just one test item.

We hope that you will find this information useful for early discovery, as it is an optional test for a full examination.

## Other Examination Options

No	Test	Item	Price (incl tax)	Details of the test
18	Arteriosclerosis Test	ABI Test	¥1,450	To measure blood flow in the extremities and derive the blockage and stiffness of blood vessels analysed by machine
19	ECG electrocardiogram	ECG Heartbeat	¥1,450	Records the electrical activity of the heart in waveforms to assess cardiac function and abnormalities.
20	Eye Funduscopy <i>no color contact lens</i>	Eye photo	¥2,050	An examination of the blood vessels in the eye can be used to check for eye disease, diabetes and arteriosclerosis.
21	Respiratory/lung Function	Breathing test	¥2,200	It is to assess lung function and breathing and diagnose lung and airway disorders.
22	Chest Screening	Chest X- Ray	¥1,650	An X-ray of the entire chest to check for abnormalities in the lungs. Detection of
23	Stomach Screening	Stomach Barium X-	¥10,450	Barium-based X-ray examination. Ideal for gastric screening.
24	Bone Mineral Density Test	Hand X- Rays	¥1,650	Bone density that estimated by X-Ray of the hand
25	Abdominal Echography <i>(by reservation only)</i>	Ultrasound	¥6,050	ultrasound to observe the liver, gallbladder, pancreas, kidneys and spleen.
26	Neck Echography <i>(by reservation only)</i>	Ultrasound	¥2,200	Ultrasound measurements can be taken to monitor the thyroid gland.
27	Heart Echography <i>(by reservation only)</i>	Ultrasound	¥7,700	Use ultrasound to examine the heart's morphology, function and blood flow.
28	Stool Test (2 times) <i>stool container</i>	Fecal occult	¥1,650	Submission of two stool samples. Suitable for screening for colorectal cancer.
29	Stool Culture Test (one time) <i>stool containers</i>	Dysentery, Salmonella,	¥2,000	This test identifies pathogenic organisms by growing bacteria in the stool.

\* Please refrain from using colored contacts if you have a fundus examination.

\* Examination *by reservation only* have to reserve earlier. It might be on the different day of your main check-up day.

Please contact us to make reservations. Echography examinations only carrying out twice in two Saturday of the month.

[Please check our clinic calendar and contact us to make your reservation.](#)

\* For stool test, you have to take two different days of the stool specimen on the week before you come for your medical check-up.

Thus, we will send the stool containers to your postal address (only in Japan). Since the delivery takes time, please make your reservation at least two weeks prior.

If you made a very last minute medical check-up reservation, we are sorry that the stool containers won't be sent to you. If you really wanted to take the stool test, you may come to collect the containers (at least 3 days before check-up day) from our staff to ensure you are able to submit on the stool specimens on your medical check-up day. If you made reservation to do stool test but changed your mind at last, please return the stool containers on the medical check-up day.